



The Great Harbour Way

A wide scenic route from Wellington to Hutt would be terrific for recreation and commuting.

Celia Wade-Brown says "Let's look at the Great Harbour Way and plan for its implementation sooner than later."

Wellington has a lovely waterfront and Petone's foreshore is attractive but at the moment tourists coming off the ferry from South Island can't cycle or walk along our magnificent harbour in either direction.



LSA President Celia Wade-Brown and Storm

A wide scenic route from Wellington to the Hutt Valley would be terrific for recreation and commuting. Family groups could walk or cycle at the weekend and it would be great for runners and cyclists who commute between Wellington and the Hutt Valley.

The lack of facilities along SH2 shows up the lack of spending on active modes compared to facilities for trucks and cars. The high fuel prices are here to stay and local Councils and the NZ Transport Agency have a duty to enable people choosing healthier, cheaper modes to have a better chance of surviving.

Celia Wade-Brown has walked and cycled the existing inhospitable route and says it's illogical to use the current numbers as a reason not to do something.

Naturally there are few cyclists and runners compared to drivers at the moment. Even with higher fuel prices, people don't trade off their safety, by choosing to walk and cycle close to trucks and fast traffic on state highways.

The Great Harbour Way would be a wide dual use path that could safely be shared by walkers and cyclists. Fast confident cyclists should have a good facility on the road itself. The path's construction could also protect the rail corridor from possible coastal erosion.

The Great Harbour Way is a brilliant opportunity to combine public health, recreation, tourism, and affordable eco-friendly transport in one exciting package. Like "Get Across", the campaign for walking and cycling access across the Auckland Harbour Bridge, the Great Harbour Way would be significant at a national level, to show the new NZ Transport Agency will be taking walking and cycling seriously in their future budgets for infrastructure.

Celia Wade-Brown, President

Local News

Golden Bay puts community public transport to work.

The problem of how people in rural areas with no regular public transport can cut their dependence on cars is being tackled in a novel way in Golden Bay, an area renowned for doing things differently. A network of rideshare benches has been installed around the Bay to provide a civilised form of hitch hiking. If you want a lift you sit on one of the benches, with its yellow signpost marked with a thumbs-up logo. When a passing motorist picks you up, you offer a token donation towards petrol.

Government News

A Sign of the times:
NZ's New Transport Agency

On 1 August the changes laid out in the Land Transport Management Amendment Bill came into effect, with the functions of Land Transport NZ and Transit NZ coming together in the NZ Transport Agency. This move is designed to provide an integrated approach to transport planning, funding and delivery.

On 5 August the Minister of Transport launched the new agency, along with the New Zealand Transport Strategy 2008 and the first Government Policy Statement on Land Transport Funding. Living Streets had input into both of these documents, and supported setting targets for increased walking trips for short urban journeys. However, as Living Streets' president Celia Wade-Brown said, commenting on the targets, "A total of 1% per annum growth in walking and cycling is stunningly unambitious. Static funding over the next three years means there is no commitment to a real step change in support for people on foot."

In this edition of Footprints:

Walking conference highlights see "From the Director's Desk" on page 2, and comments from first time attendees, Judy Cox and Julie Roe on page 5.

6th AGM and new executive committee see page 3.

Views expressed in Footprints are not necessarily those of Living Street Aotearoa

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From the Director's Desk

As I gaze out on yet another rainy day in Wellington, I remind myself how invigorating walking is, even in cold, wet weather. All you need are good shoes and warm, waterproof gear – as they say, there is no bad weather, only inadequate clothing. And there's nothing better than arriving at your meeting, or at work, or back home, with your face tingling with a healthy glow, feeling refreshed, with all the cobwebs blown away!

The last few months have been busy at Living Streets, as well as in the wider walking and transport sector. Living Streets completed the first year of its contract with Land Transport NZ, and have signed the contract for the second year of the Strengthening Walking User Groups Programme. This enables us to encourage the establishment of new groups, and to support our walking advocates around the country to actively participate in making their communities more walking-friendly.

We will soon be focusing more attention on the Auckland region where Walk Auckland is already doing sterling work in Auckland City. We are employing a Networker to help establish groups in Manukau, Waitakere and North Shore cities, and possibly in Rodney, where there is already great support for walking from the Rodney District Council.



*Liz Thomas our
intrepid Director!
~ CWB*

All the hard work of conference organizing paid off this month, with a record number of people attending the third NZ Walking conference in Auckland. The inaugural walking conference in Wellington in 2004 was for one day and attracted 84 people, two years later in Christchurch 117 people came along for two days, and this year 173 people turned up – a very satisfying increase. Judging by the feedback to date, they found the programme stimulating and useful, and really appreciated the opportunities to network.

We invited Dan Burden to New Zealand to be the keynote speaker at the conference, and he proved a great draw card. Dan is an international authority on walkable communities and getting people out of their cars and on to their feet, and in 2001 was listed by Time Magazine as one of the six most important civic innovators in the world. In 1996 he founded Walkable Communities www.walkable.org. In the 10 days before the conference Dan ran very popular seminars and presentations in other centres, organised by Land Transport NZ.

Amongst the many interesting presentations at conference, were two on getting funding for walking and footpaths, and a thought provoking and funny presentation on street layouts for walkable cities by Jan McCredie from the Urban Design Team at Manukau City Council. The School Travel Workshop was a "Walking Workshop Bus" around the Panmure Basin, and luckily they managed to squeeze it in between the showers which are part of Auckland's "four seasons in a day" weather! The Minister of Transport also walked the last 15 minutes of her trip to conference without having to use the umbrellas we provided "just in case".

The Living Streets Aotearoa AGM was held during the conference, and attracted a lively bunch of members, new and old. The new Executive is a mix of old faces and new blood which bodes well for the year ahead. The Annual Report was presented and is on the website:

www.livingstreets.org.nz/documents.html

On 1 August Transit and Land Transport NZ were relegated to the history books, and in their place we now have the NZ Transport Agency. We look forward to a fruitful relationship with the new organisation, which we hope will have walking high on its agenda.

*Liz Thomas
Director*

Book Review 'Carbon Neutral by 2020: How New Zealanders can tackle climate change'

Edited by Niki Harre and Quentin D. Atkinson, 2007, New Zealand. Craig Potton Publishing.

I volunteered to do a review of this book as part of my own interest in motivation for positive sustainable behaviour. I also wanted to see what sort of practical actions are recommended specifically for New Zealanders interested in reducing their carbon footprint.

Carbon Neutral by 2020 is full of information on what New Zealanders can do tackle climate change right now and in the future. The start of the book looks at the existing situation, both in terms of the Earth's climate and the political 'climate' for change in NZ, and follows with "climate change identity projects", a way for us all to stay motivated in our positive behaviour and find personal meaning in the challenge of climate change. The bulk of the book is filled with chapters written by experts in their fields to give simple strategies for reducing carbon emissions in many areas of our lives and zones of influence. Areas covered include alternatives to the car, addressing Auckland's transport system, schools, homes and renovations, malls, computing, deep organics, sustainable design, ethics, political activism, business, investing and law.

The book has an easy-to-read overview of climate change in general. The introduction talks through the confusion about who's responsible for fixing climate change. It would be easy to think that climate change is a big thing and big things can only be solved at the highest level, but all the relevant governments are elected so they have to follow the voting public. "NZ's government has been relatively progressive in its climate change policy, although less progressive in its implementation." Sound familiar? Most of us recognise that climate change is a problem but resist change and we resist the government making changes for us (like in the UK and

Europe). We have put the onus on ourselves as individuals and organisations to make the right choices. Legislation will have a role but not until we demand it.

The book talks about the psychological challenge of accepting climate change and our collective responsibility to take action. It describes how daily actions can be infused with a positive response to climate change by having "climate change identity projects". Niki Harre says identity projects motivate not by considering whether 'what I do makes a difference'. "Instead, I do what I do because of how I want to live my life and who I want to be" for example "being a good mother". Many of us already have an identity project directed towards our environmental footprint or carbon emissions. Shared identity projects can be even better. In New Zealand Helen Clark announced the government's aim to be carbon neutral in 2006 – this statement could provide a positive basis for a national identity project.

Carbon Neutral by 2020 is so full of information for different issues that it's a little hard to skim though. Each chapter has its own summary and conclusion and on a personal level I found it best to read topics individually as they became relevant to me, using the main conclusion more like an index. Each chapter can stand alone in that way.

Walking as a carbon neutral form of transport is strongly recommended in the two chapters on transport. The book reinforces the idea that changing lifestyles will lead to most trips being on foot, cycle or by public transport in vibrant local communities. Currently two thirds of our trips are within cycling or walking distance. Both transport chapters talk about the need for land use and transport planning to progress together so



people will want to live where they can walk and to walk where they live. Transport choice means no-one will be left stranded, and we will be conscious of the full price of carbon emitting private motor vehicles.

The conclusion does have a good list of actions for people within organisations and most of us are part of some group where we can share our views and values. Letting others know you support the group or organisation taking positive action on climate change and making some suggestions can be the trigger for new policies.

Political action is also something anyone can do. Showing support for positive steps on climate change is needed before government at any level can make significant changes – the book outlines a number of ways to do this in its conclusion including: turning up to climate change events – a fun way to show your support; making submissions to Councils on projects and policies as Living Streets does on a regular basis; asking candidates for their views, which Living Streets will be doing before this year's general election; and joining organisations that campaign for climate change action – something all you LSA members have done!

Lily Linton

Welcome to the New Exec!

At our sixth AGM held at the Waipuna conference venue in Auckland 4 August, we elected a lively group of executive council members from round the country. Welcome to our two newest exec members, Peter Kortegast from Nelson and Rhys Taylor from Christchurch/Otautahi. Both men will add

expertise and walking passion.

At the AGM we also updated the constitution to give a better structure to our branch network, we clarified the membership organisation and made a modest fee increase. The Living Streets Aotearoa Executive Council for 2008-9 are Celia Wade-Brown (President),

Mike Mellor (Vice-president), Gay Richards (Secretary), Andy Smith (Treasurer), Daphne Bell, Ralph Chapman, Carina Duke, Graeme Easte, Peter Kortegast, and Rhys Taylor. Here's to a great year for walking. The first official group shot of the executive can be found on page 5 of this edition!



For World Environment Day Living Streets Aotearoa installed 17 pou hikoi or “walking poles” in communities throughout Wellington. The poles were painted as pedestrian crossing poles with shoes walking up and onwards!

The installation was up for three weeks, to coincide with World Environment Day on 5 June, hosted this year by Wellington City. The poles were in walkable community areas, on popular routes, and near public transport stops, visible to many Wellingtonians.

Living Streets Aotearoa used the poles as a talking point during the celebrations, the key message being that walking is a fun, easy way to reduce your carbon footprint. The theme for World Environment Day 2008 was “Kick the CO₂ habit”, encouraging people to embrace a low carbon economy.

The walking poles were a reminder that many short trips could be a fun walk without the hassle of a car and finding a park. One third of all trips taken in New Zealand are less than 2km. Celia Wade-Brown said “One kilometre in a Honda Jazz produces 130g CO₂, one km in a Landrover Discovery produces 266g CO₂ whereas walking produces zero emissions because our fuel is renewable food!” To find out how much carbon you can save by walking short trips see www.rightcar.govt.nz.

The project was one of 50 approved by the Ministry for the Environment for the Wellington region. The Pou Hikoi - Walking Pole - art installation was an unusual approach to walking advocacy and creating environmental awareness!

LSA Thanks the following for their help: Volunteer Wellington, ANZ National volunteers, Hirepool, The Salvation Army in Newtown, Brooklyn Community Centre, LSA Wellington members who donated shoes, and WCC.

For more information go to the foot art page on our website: www.livingstreets.org.nz/foot_art.htm

Left: Photo Montage of the Pou Hikoi Walking Poles around Wellington during World Environment Week 2008: Lily Linton

‘Double the Feet on the Street’

Thank you Living Streets Aotearoa for hosting a wonderful conference with a vast range of topics, at a beautiful venue. It was wonderful to meet so many who share the desire to get more folk out enjoying our beautiful surroundings, to benefit both themselves and the environment.

I have often felt isolated addressing walking issues in my local community, so encountering many like-minded people was a pleasant surprise - from transport and other sectors, all willingly sharing knowledge and experience.

The networking, information sharing, guides and strategies, will be a great help when I research and approach future issues and work. The conference was invaluable for furthering understanding of different

approaches to the issues discussed, and learning new concepts.

Defining inclusive streetscapes as ‘if it is made right for the least able, it will be right for all!’ (if you only design for the young, you exclude the old; but if you design for the old, you include the young) was well put!

My particular interest ‘Accessibility for All’ was extremely well covered in the Walking by Design sessions. This will be a great help in my future work and has inspired me to pursue more qualifications within this field. I found the conference very valuable and look forward to applying this knowledge in future work.

Judy Cox
Living Streets Nelson

Gold Star for School Travel at Conference ...

I enjoyed the conference and came away feeling energised (a refreshing change for a conference!) and armed with lots of new information and ideas.

Being new to school travel planning, the presentations on planning and designing walkable communities helped put my work into context. The ‘Walking to School’ session was hugely beneficial. I enjoyed the presentations on research in this field, particularly the qualitative findings from the family focus groups. The lakeside ‘walkshop’ was great and a valuable opportunity to talk informally with others about their initiatives and how to adapt some of these into my own current projects.

Great venue, fabulous food, and yes my work has been strengthened - Thankyou Living Streets Aotearoa.

Julie Roe, Living Streets Hamilton

Active Christchurch's Local Walktologist

Active Christchurch is a free walking programme, going strong since its launch on 5 October 1998 by former Mayor Vicki Buck, in North Hagley Park.

Graeme Stanley, employed by Christchurch City Council's Recreation & Sports Unit, is the Tour de Force behind the twice-weekly walks - designing, researching and leading each walk, with volunteer assistance.

Not only great exercise, the walks are very social, often crossing paths with the Serendipity Sippers Group.

Participants receive printed programmes listing post-walk meeting points such as café's or by Sunday picnic's in a park.

There have been numerous success stories over the years, including joining and assisting other community groups such as Green Prescriptions and various disability groups. The walks are highly popular with 50-75 each trip,

Walktology: 1,000th Active Christchurch Walk (top left) at Mona Vale in Christchurch.



recent inclement weather still sees 20-40!

Active Christchurch is a free city wide campaign aimed at encouraging people to be more active for general health and wellbeing.

In addition these programmes are designed to help people get to know Christchurch by exploring our neighbourhoods, heritage homes, pioneer history, notable trees, parks,

reserves, waterways & wetlands. To date there have been 1,103 Free Walks with over 57,902 people participating.

For more information phone **9801553**, call your local service centre, library or C.C.C. Tuam Street.

Email: walk.tologist@paradise.net.nz

~Graeme Stanley

Active Chch Walk Leader/Walktologist.

NZ Walking Conference 2008 A Great Success



Photo: Dan Burden



Photo: Dan Burden

"If you build your community for cars you will get lots of cars; if you build your community for people you will get lots of people"
~ Dan Burden.

Far Left: Vivian Naylor (Barrier Free Advisor & Educator-CCS Disability Action) Designing Inclusive Streetscapes presentation at NZ Walking Conference 2008

Left: Annette King gets the green person (at last) starting her walk to the NZ Walking Conference 2008



Photo: Fiona Whero



Photo: Dan Burden

New Living Streets Aotearoa Executive with Living Streets Director at "Let's take a walk On Broadway" NZ Walking Conference Dinner 2008

Dan Burden (keynote speaker), Hon Annette King (Minister of Transport, Justice, & Police), & delegates at the 2008 NZ Walking Conference

News from the regions

Living Streets Hamilton

We presented a submission to Environment Waikato, in conjunction with other concerned community groups, asking that proposed upgrades to bus services be implemented as soon as possible, rather than on either of the two delayed schedules also proposed. Whilst we did receive a sympathetic hearing, EW opted for the medium delay option - not the worst possible but not the most favourable either. We appreciate the funding constraints issue but will keep nibbling away at the need for commuter services rather than roading upgrades.

We have been in touch with the local Plunket Active! group regarding any issues they may have with walking around Hamilton with babies and toddlers. They provided a very helpful list, both positive and "please help", which we look forward to discussing with the appropriate Hamilton City Council staff in the near future to work together to make things easier for parents and young children.

We are still working on the Hamilton CBD Walking Map and hope to publish in the spring, when the rain stops and people feel like getting out and exploring again.

Judy McDonald, Coordinator

Living Streets Wellington

World Environment Day in Wellington in June saw many people donating shoes for our "walking poles". See the full article on page 5.

We have started planning for a fun, informative event based around the Great Harbour Way to combine with an introduction to new members and our first **AGM**. The expected date of the celebration is Saturday 11 October, 2:00-5:00pm. To be held somewhere near the start of the Great Harbour Way which would complete walking and cycling tracks from Petone to Wellington. Details will be advertised as they come to hand.

Successful presentation to RLTC on their Regional Walking Plan resulting in invitations to talk to Porirua City Council and Kapiti Coast District Council by the respective mayors!

In our last meeting the Wellington group suggested and agreed on people to nominate for the Regional Land Transport Committee this month in the hope we can get several walking champions on the committee. Committee

members represent the following areas: economic development, access and mobility, public health, safety and personal security, and environmental sustainability.

Wellington members provided feedback on walking and cycling on the Wellington Inner-city Bypass to director Liz Thomas who met with Opus consultants as part of an independent study on the effects of the Bypass.

A dedicated social networking group for Living Streets Wellington is on its way! (Have a look: livingstreetswellington.ning.com). This will allow more participation with less travel, except when we all arrange to walk and talk somewhere!

We also sent in several submissions (thanks everyone!) on the following:

- Porirua CBD revitalization
- Regional Walking Plan
- Wellington City Council Annual Plan
- Ngauranga to Airport Corridor
- Centres Plan and Infill Policy for Wellington City
- Safer Roads in Newtown and Berhampore

Walk Nelson Tasman

Walk Nelson Tasman has had some success with its annual plan submissions. Nelson City Council (NCC) is planning to sign the Walk21 Charter and Tasman District Council is seriously considering doing so. We have raised funding to send a member to the Walk21 Conference. Our members have been busy supporting NCC and TDC produce maps of lanes and linkages for corresponding urban areas. While these are a great start the real challenge is to get better signage "on the ground". There are great networks of walkways and shortcuts but they often appear to be on private land.

Richard Butler.

Living Streets Canterbury

What's been happening in Canterbury? Some members braved a freezing morning to be interviewed for TV1's Breakfast Show! Tamati Coffey, roving reporter weatherman has a 'Travel Tuesdays' slot, featuring different locations and sustainable travel modes. Our week was walking to work.

Living Streets members have been helping with the planning for a Sustainability Forum to

give Christchurch politicians an opportunity to debate the issues in the lead up to the general election. The 7th Canterbury Active Transport Forum met recently and included interesting presentations by Wendy and Meg on their Healthy Community Workshop experiences, and Tim Hughes (NZ Transport Agency) on the new Pedestrian planning and design guide. Presentations & minutes (posted soon) www.ecan.govt.nz/Our+Environment/Transport/CanterburyActiveTransportForum.htm.

ACTIVE WALKS With Graeme Stanley will celebrate the Ninth Anniversary of Active Christchurch Thursday Thirty Minute Walks with a special September 11th walk which also commemorates "CONSERVATION WEEK" this year called "Ninth Anniversary Active Christchurch Thursdays at Peacock Springs Conservation Week Walk (allow 45minutes). 9:30am start at Peacock Springs gateway McArthurs Rd off McLeans Island Rd.

Also Active Christchurch Walks with Graeme Stanley will celebrate the Tenth Anniversary of Active Christchurch Sunday One Hour Walks with a Celebration Walk on October 5th commencing at 10:30am Meet in Botanic Gardens Carpark entrance Armagh St Bridge to North Hagley Park.

A number of Canterbury members attended the third Walking Conference in Auckland, with some also presenting. From the AGM we now have two LS Canterbury members, Rhys and Carina, on the Living Streets Executive. Our popular walk & talk meetings resume in Spring, for more information please contact: wendy.everingham@xtra.co.nz.

Living Streets Dunedin

Dunedin City Council (DCC) is reviewing the city's Walking Strategy. Living Streets Dunedin members met with DCC Staff to provide group input on the revised strategy. Judy Martin subsequently represented us at two meetings alongside other walking stakeholders.

Our next meeting is 7pm Tuesday 16 September. On the agenda: report back on the DCC Walking Strategy review & walking projects for inclusion in the Long Term Council Community Plan(LTCCP) due for review in 09. See the Meeting section below for further details.

International snippets

The Swedish government has told its department for roads to design a female alternative to the walking man signs at pedestrian crossings in the interest of gender equality. Local authorities will be able to choose whether to use the symbol or the existing walking man.

The Prince of Wales has been granted planning permission along with a development consortium to build his very own little town in South Devon. Each house will have a wind turbine to power low energy light bulbs, solar panels to heat water, and a free bicycle. Cars will be banned from some areas to make the town walking-friendly.

Living Streets UK has published a report 'Backseat Children' as part of their Walk to School Campaign. The report highlights that children who have not been allowed to walk to primary school fail to learn traffic awareness and are therefore more vulnerable on our roads. Latest figures from the Department for

Transport reveal that an 11-year-old starting secondary school is almost twice as likely as a 10-year-old at primary school to be killed or seriously injured in road collisions while walking to school. The report also shows that driving the school run denies children the chance to interact with their local community, become 'streetwise' and develop independence. www.livingstreets.org.uk/cms/downloads/0-1-final_backseat_children_report.pdf

Britain's Minister for Public Health said at a 'Healthy Towns = Healthy People' conference that the physical environment has a huge and direct impact on the health of people and that improving public health is one of the most pressing issues of our time. The costs for society of rising obesity levels and inactivity mean that professionals working in health, planning and transport need to find ways to work together to tackle the problem. Living Streets UK is calling for 10% of transport budgets to be spent on walking and cycling infrastructure.

UK sustainable transport charity Sustrans announced its latest count of people using the National Cycle Network for walking and cycling trips in its latest report, The National Cycle Network Route User Monitoring Report. Its statistics (to end 2007) show that an increasing number of people are turning to alternative forms of getting around. Over 354 million trips were made on the Network in 2007, equally split between walkers and cyclists, an increase of 4.7 per cent on the previous year. If all the journeys on the Network had been made by car some 232 million litres of fuel would have been consumed, at a cost of £269 million (based on June 2008 prices). The potential carbon dioxide saving of 450,000 tonnes of CO2 is the equivalent of taking almost 200,000 cars off the road, around 8 per cent of new cars sold in 2007.

www.sustrans.org.uk/webfiles/rmu/route_monitoring_report_end%2007.pdf

To Share or Not To Share

Safety on street links and footpaths could be increased if we used a policy of 'Maximum Speed = RUNNING Speed'.

Shared paths would be assessed individually, to consider factors like width, construction (lanes or not), and urban / rural setting.

If there are sufficiently highlighted sign posts at each end of a path to stop cars, but provide enough space for mobility access, does it really matter which active transport mode uses these links?

Removing the 'No bicycles' and 'Pedestrian only' signs that really are not working, and replacing them with something more accommodating (see example above), at entries or in street links and footpaths, might improve accessibility thereby encouraging more people to use alternative transport modes.

Sufficient publicising of this new approach would improve safety and encourage interaction for all users of street links and footpaths.

Judy Cox



On 4 July, truck drivers nationwide held a protest over the high price of fuel. On the preceding day authorities were able to warn motorists, asking them to avoid commuting, be prepared for huge delays, or 'take the day off!' Christchurch Living Streets member Rhys Taylor captured a few shots of the day. Fewer cars allowed pedestrians to reclaim the city centre!

Fastforward a year, could this be a New Zealand city street on a normal day?

Rhys Taylor



Pedestrians enjoy the cleaner air and quiet due to fewer cars



South end of Colombo Street, unusually 'minus cars'!



"improving public health is one of the most pressing issues of our time."

Commuters Told To Stay Home

Walking events

Carbon Crusaders

www.carboncrusade.com

hubbards Carbon Crusades offers walkers the chance to do something to fight climate change - planting native trees - while getting out and seeing some wonderful scenery.
\$70 (includes four native trees)

Auckland Carbon Crusade

Sunday 7 September
8.5km: Puhinui Reserve
(near Auckland Airport)

Hamilton Carbon Crusade

Sunday 14 September
Hamilton (9.5km): Lake Rotokauri/
Hamilton Zoo

Christchurch Carbon Crusade

Saturday 20th September
Bottle Lake Forest/Travis Wetland

Auckland

www.aucklandcity.govt.nz/whatson/calendar

www.akactive.co.nz

numerous walking events

Mums & Dads on the Run

9.30am Tuesday & Thursday, 5km walk or run, followed by coffee and kids playtime at beach.
Free, until 30 July 2009
Meet 9.30am Mission Bay carpark (St.Heliers end), Tamaki drive, ph (09) 523 2655.

Hamilton

www.whatsonhamilton.co.nz

Te Parapara Garden Open Day

www.hamiltongardens.co.nz
Thursday 4 September
Te Parapara Garden
Hamilton Gardens, Cobham Drive

SBS Hamilton Half Marathon

www.hamiltonhalfmarathon.org.nz
Sunday 5 October
Options: Half Marathon Walk, 10km Walk, 5km Fun Run/Walk, 1km Children's Fun Run

Wellington

www.feelinggreat.co.nz

Keep Fit Heart Health Walk

Wednesdays at 10:00am, 40 minute walk
Keep fit and enjoy a social chat.
139 Oriental Parade, Freyberg Pool Car Park

Otari-Wilton's Bush Glow-worms Walk

Friday 29 August
Walk through the bush at night down to the Kaiwharawhara Stream. View tree ferns, rimu, rata, crayfish and glow worms! Bring good shoes, warm clothing, torch.
\$4 adults, \$2 children
Otari-Wilton's Bush, Wilton Road, Karori Information Centre
To book Tel: 499 1400
Cancellations Tel: 499 4444 (after 5pm)

Bunya, Birch, Beverages and Bark Ten intriguing tree tales

Monday 25 August
Meet at the Cable Car entrance 10am
Moderate to energetic walk. 90min
Cost: Koha/donation

Nelson

www.ncc.govt.nz/sports/facilities/walks/walkways.htm

Women's activator series

Walking, cycling, swimming and running
Phone Amanda Dykzeul (03) 547 9192
nelsonactivator@gmail.com

Christchurch

www.ccc.govt.nz/recreation/Walking

Active Christchurch

Thursday walk's 9th Anniversary
Thursday 11 September
Peacock Springs Conservation Week Walk,
9:30am, 45 minutes
Meet at Peacock Springs Gateway, McArthurs Road off McLeans Island Road

1 hour walk's 10th Anniversary

Sunday 5 October
10:30am, meet at Botanic Gardens Carpark
Entrance Armagh Bridge to North Hagley Park

Dunedin

Moro Marathon/ Half Marathon, Run / Walk
Sunday 14 September
Harrington Point/ Edgar Sports Centre
finish Watson Park (Food & drink available)

International

www.walk21.com
Wednesday 8 October (3 days)
International Walk21 Conference, Barcelona
The 10th Conference in October 2009, will be held in New York City, USA.

Meetings

Walk Auckland

Second Tuesday of the month 5:30pm
Leys Institute Hall, 20 St Marys Rd, Ponsonby.
Upstairs in the Supper Room to the left of the stained glass doors. (The Leys Institute is by 3 Lamps Ponsonby, it houses the Library and parking is behind the building).
September 9, October 14, November 11

Living Streets Hamilton

Second Thursday of the month at 5:30pm,
at CCS Disability Action, 17 Claudelands Rd,
Hamilton
September 11, October 9, November 13

Walk Taupo

Meets as required

Living Streets Palmerston North

Meets as required

Living Streets Wellington

Fourth Monday of the month, 6pm, WCC
Committee Meeting Room.
August 25, September 22, October 27

Next meeting on 25th August - Paul Barker to be presenting both the draft Walking Plan and the Recreational Tracks Policy.

Living Streets Canterbury

Our successful monthly Walk & Talk meetings return starting 5pm Wednesday 24 September.
Join us! Contact Wendy for where to meet:
wendy.everingham@xtra.co.nz

Living Streets Dunedin

Third Wednesday of the month, Sport Otago rooms, 7pm (unless otherwise notified).
September 16, (NB: Tuesday for this month only), October 15, November 19
Contact Judy Martin: jmartins@ihug.co.nz
or phone: 453 4619.

