

Living Streets Adtea

March 2023 eBulletin

#Walk2WorkDay: Wednesday 8 March 2023

#Walk2WalkDay is back, and it's on this **Wednesday, 8 March** 2023. As it's the day after the 2023 New Zealand Census, this year the theme is #WalkingCounts: let's try to make sure that it does!

Check out what your community is doing for #Walk2WorkDay on your local council's website. If they're not doing anything to mark it, maybe you could take the initiative by walking to work on Wednesday, and posting a photo or two of you and your colleagues walking to work to your favorite social media using the hashtags **#Walk2WorkDay** and **#WalkingCounts**. Challenge yourself to see how many steps you can take, or how far or how high you can walk on your way to work, school or play, and drop past your local celebration. If you already regularly walk to work, why not vary your routine for the day and try a new route? More details are available on the Living Streets Aotearoa website <u>WWW.LivingStreets.Org.NZ</u> under "UPCOMING EVENTS".

k2Work Ja Wednesday 8 March 2023 Ik Uĥ ts

Celebrate walking. Leave the car at home. Join us in walking on your way to work, school, shop or play

Living Streets Aotearoa

walk2work@livingstreets.org.nz

In Wellington, Living Streets Aotearoa's **Te Whanganui-a-Tara/Wellington** branch will be down on the Wellington Waterfront, adjacent to Frank Kitts Park, from 07:00 to 09:00 and at Midland Park on Lambton Quay from 12:00 to 14:00, asking pedestrians to share their experiences of walking in Te Whanganui-a-Tara, such as their favorite walk. If you're in Te Whanganui-a-Tara, do go down on Wednesday, say hello and share your experiences of Wellington as a walkable city. We'll be Tweeting from the day using hashtags #Walk2WorkDay and #WalkingCounts.

Aotearoa New Zealand Walking Summit: 24–25 July 2023

The Aotearoa New Zealand Walking Summit is back for 2023, and this year it will have the theme of **Walking into the Future**. It be held in Ōtautahi/Christchurch, on Monday 24 and Tuesday 25 July 2023. We are timing it to lead in to the Local Government New Zealand annual conference and Excellence Awards (which are in Ōtautahi on 26–28 July 2023) so that more of our key decision makers can attend and contribute to the summit.

Our keynote speaker will be the **Hon. Michael Wood, MP**, the Minister of Transport. We are delighted that the Minister can join us and are really interested to see what he has to say on our theme of Walking into the Future.

Do keep **24–25 July** free and join us in Christchurch for what will be *the* walking event in New Zealand in 2023.

We have a dedicated group of volunteers working to make the summit a success, but would really love to have more **Cantabrians** on the team, to make sure that we are making the most of Ōtautahi/Christchurch as our host city for the 2023 summit. If you're interested in helping, please let us know at <u>Webmaster@LivingStreets.Org.NZ</u>.

What we're loving this month: Quarter-Hour Paradise: A new era of the Kiwi dream

This month we've been checking out the amazing work being done by Quarter-Hour Paradise. If their spectacular, clear and inspiring website wasn't enough, they've really captured a hefty slice of media attention as people debate how our cities and towns could be made more sustainable and liveable in a way that builds on our treasured outdoorsy way of living. But if you've not seen the media coverage, what is this "new era of the Kiwi dream"? Here is what Quarter-Hour Paradise has to say:

Once upon a time, the recipe for comfort had one ingredient: a suburban "quarter-acre pavlova paradise". Perhaps it made sense when there were fewer of us, but it was never available to everyone.

Over time, following that model has led to unsustainable housing costs and endless urban sprawl, forcing people to travel further and further to meet everyday needs, creating soaring emissions.

We need to rethink this situation and the answer is right under our noses. Out cities can give us something even better than a quarter-acre plot: the quarter-hour paradise.

Quarter-hour paradise [idiom; New Zealand:] *a vibrant urban community where residents have everything they need within a 15-minute walk, scoot or bike from their warm, affordable home.*

Check out <u>WWW.QuarterHourParadise.NZ</u> for more, including some great quarter-hour paradise visions for Karori, Mount Cook, Porirua and Waterloo, complete with some inspiring visuals.

ABOUT LIVING STREETS AOTEAROA

Living Streets Aotearoa is the national organization promoting walking-friendly communities. You can find out more about us at <u>www.livingstreets.org.nz</u>.

We send these occasional e-bulletins to keep you informed because we understand you have an interest in walking. You can also opt out of this and ALL future emails from us: <u>Please don't mail me again</u>

