



NZ TRANSPORT AGENCY
WAKA KOTAHI

Webbed Walking Why it matters...

Inspiring stories online
Walking connections and walking sense
Walk this way

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New Zealand Government

Webbed walking why it matters

Walking matters...

Walking to school matters

The empirical evidence for good outcomes include

- mental and physical well being
- community relationships
- connections to the future

Webbed walking why it matters

This short dialogue is eclectic - celebrating difference

- Every diverse part of FeetFirst contributes to the community
- How teachers and students work in classrooms
- Where communities use parks /walks/ gardens
- What parents /whanau create in walking groups to and from school

It is a tiny project ..

The website is both the mirror and the motivation

Webbed walking why it matters

Professor Miriam Lips of Victoria University recently addressed the reference group of teachers principals, council officers and public servants

-She used the following slide -

Citizen-Centric Government involves...

- Empower the experts: include them in 'government'
- A partnership of multiple organisations and individuals
- Connect with a wide range of 'stakeholders'/voices
- Co-define problems and solutions
- Share ownership of co-defined problems and solutions: make citizens responsible for outcomes and deliver what you promise
- Facilitative leadership
- A lot of time, energy, hard work, resources etc: it is not

easy....(from) Presentation to FeetFirst Workshop 23 October 2009

Professor Miriam Lips of Victoria University Wellington

http://e-government.vuw.ac.nz/Publications/citizen-centric_FeetFirst.pdf

Webbed walking why it matters

The growing prevalence of the 'school run' has major implications for [traffic congestion](#) and [vehicular pollution](#) in our major cities.

The morning peak time for school drop-offs is a particular concern as it coincides with the morning rush-hour; the afternoon period is less of a concern as it falls about 90 minutes before most people finish work.

The most efficient way to get students to school is for them to walk or cycle to nearby schools, or for public transport to bring them to school if they live further afield.

It also means that young people, particularly primary school students, are learning unhealthy and sedentary habits at an early age.

Webbed walking why it matters

Ownership is shared - TA's /schools/ Govt agencies

The stories are from like minds

All contributions are valued

There are is no one “right way”

There are local solutions



Teachers_schools

English Online

Lunch BOX

Safe Walking
Constable Terry came to Whataroa School. I learnt how to stop, look and listen when we cross the road and cross a drive way.

Feet First 2009
active travel picture book competition
Getting Started lesson activities

Walking Wednesdays



Walk to School Every Week

Ia Wiki Hīkoi Ki Te Kura

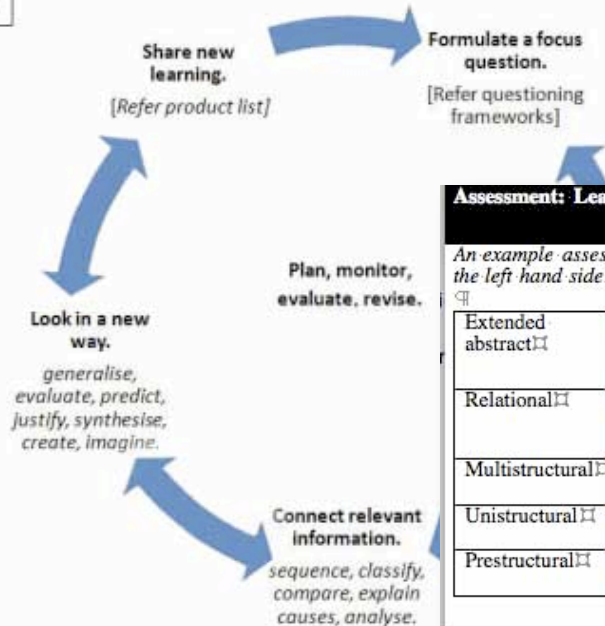
Where visitors to our blog come from



Curriculum materials

Feet First - Walk to School Every Week	Values:	Key Competencies:	Key Understanding:	Driving Question:	Subsidiary questions:
T1: Walking and Road Safety T2: Walking and Exploring T3: Walking helps you create T4: Walking and helping the planet	Excellence Innovation Diversity Equity Community and Participation Ecological Sustainability Integrity Respect	Thinking Managing self Participating and contributing Relating to others Making meaning from language, symbols and text	Walking benefits people, places and the planet.	Walking: what difference can I make?	1. Define walking. 2. Explain the benefits of walking. 3. Predict how using sustainable transport such as walking might improve people, places and the planet.

HOT Inquiry Model



Curriculum	Learning Intentions
2-3-4	Personal Health and Physical Development A A2 Regular physical activity

Assessment: Learning Area: Social Science

An example assessment rubric is included. Insert your own marking guide on the left hand side.

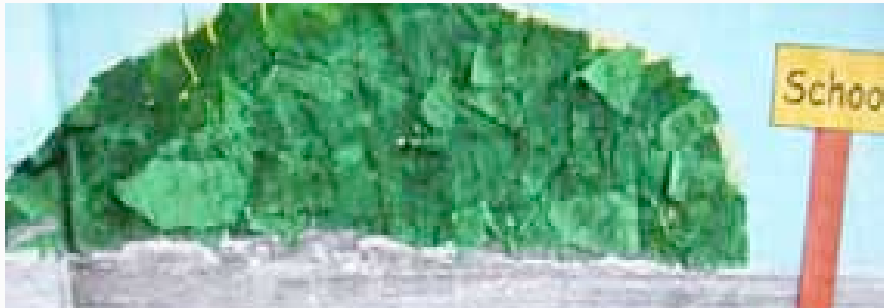
Extended abstract	I can identify several relevant similarities and differences between travel today and travel in the past, explain why, and make a generalisation about travel.
Relational	I can identify several relevant similarities and differences between travel today and travel in the past and explain why.
Multistructural	I can identify several relevant similarities and differences between travel today and travel in the past.
Unistructural	I can identify one relevant similarity or difference between travel today and travel in the past.
Prestructural	I need help to compare travel today with travel in the past.

Assessment: Key Competency Thinking

An example assessment rubric is included. Insert your own marking guide on the left hand side.

	I can give several relevant reasons for a choice made, and use valid and reliable information to explain why the reasons are relevant.
	I can give several relevant reasons for a choice made, and use reliable information to explain why the reasons are relevant.
	I can give several relevant reasons for a choice made.
	I can give one relevant reason for a choice made.
	I need help to explain a choice I have made.

Learning based incentives



Lucky Pancake Otonga School



Parents _whanau-caregivers

FEET FIRST

WELCOME MAP AND CONTACT DETAILS PHOTOS FEET FIRST



Walk to School Every Week

Ia Wiki Hiko Ki Te Kura

TREADING TUESDAYS

Parents, your children have been asked to walk to school on a **Tuesday** no matter what the weather, this is to go into a competition for Feetfirst campaign. Our school continues to promote healthy diets with exercising in many forms.

If you **HAVE** to drive your children, please park either on Kilimanjaro Drive or Santa Ana or Inagh place and walk from there.

This will allow the children to walk a distance and assist in avoiding cars driving past the school.

I ask you... CAN YOU DO IT???
Your response... YES WE CAN!!!

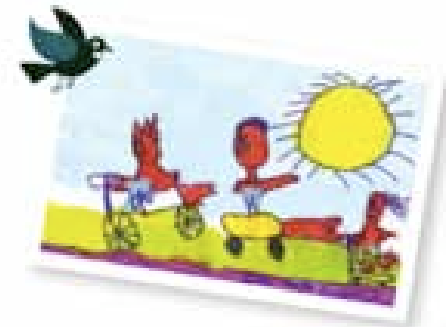
Don't let your... YES WE CAN!!!
ask you... CAN YOU DO IT???



BNZ TRANSPORT AGENCY

WAKA KOTAHU | when to walk a distance and assist in avoiding cars

DUKE OF... you of... piece and walk how there



Waewae Tuatahi ia Wiki

He aratahu mā te whānau
me ngā kaitiaki ki te Waewae
Tuatahi Hiko ki te Kura ia Wiki

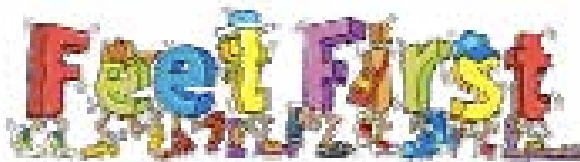


New Zealand Government

Other like minds

Online teachers and parents resources

New Zealand Feet First website helps primary schools promote walking in fun and unusual ways. Teachers can submit stories about walking initiatives, order resources, enter the competitions, collect walking numbers, or any combination of these.



The Curriculum Learning Area Resource provides learning experiences for teacher-directed inquiry. It includes the values, key competencies, achievement objectives, learning intentions, learning experiences, thinking strategies, what if questions, ICT resources, and self-assessment examples for curriculum levels 1 to 4 in teacher-directed inquiry into how "walking benefits people, places and the planet". Although destined for New Zealand teachers, these resources could be adapted for use in Canadian classrooms.

Parents and caregivers can access resources to support safe walking to school, such as a parent guide, and colourful certificates, fold out card



Nelson Central Walking School Bus

diary for students, postcards, posters, charts, record cards and bookmarks.

Read about the great ideas that other schools have had to promote walking like Nelson Central School, that started a walking blog to talk about the school's walking program. Media went to Nelson where students from Nelson Central and three other local schools showcased their walking school buses.

Feet First: <http://www.feetfirst.govt.nz>



Feet First Bookmarks

**“Healthy Parks, Healthy People”
Parks Victoria, Professor Mardie Townsend Deakin
University 2002.**

We now know that some of the simplest pleasures in our lives are among the most important to our health and wellbeing. Walking in our neighbourhood, interacting with people and animals, enjoying the natural environment have all been shown to play a significant role in supporting physical and mental health.





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