

The background of the cover is a silhouette of an urban skyline against a sunset sky. The sky transitions from a deep orange at the horizon to a dark, almost black, at the top. The silhouettes of various buildings and structures are visible, including a prominent crane on the right side. The overall mood is serene and contemplative.

Urban Pleasures

Recreational walking in urban environments

Tom Beard

Urban recreational walking

Purpose

Destination

Recreation

"Natural"

A walk
in the park

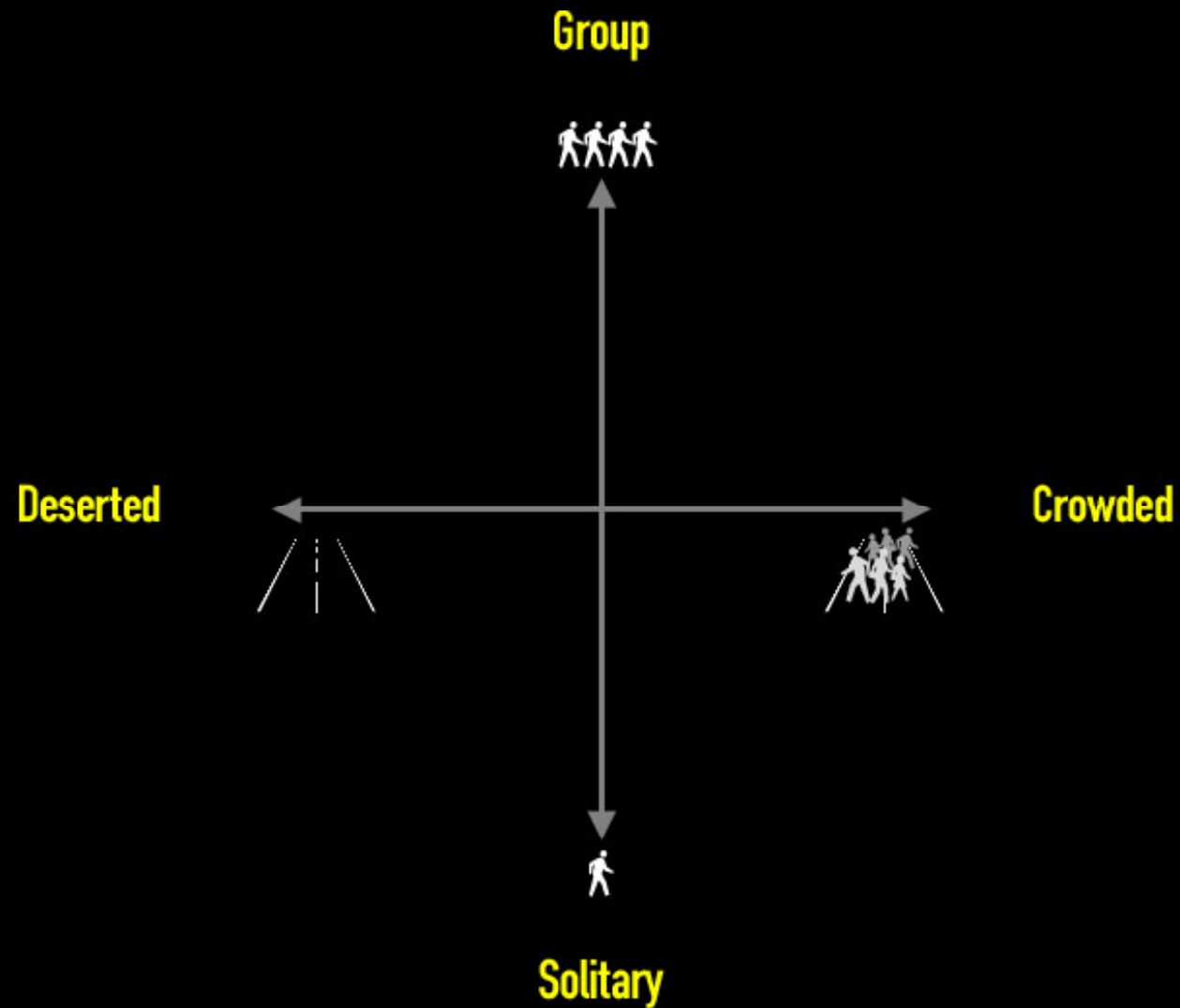
Environment

Walking
as
commuting

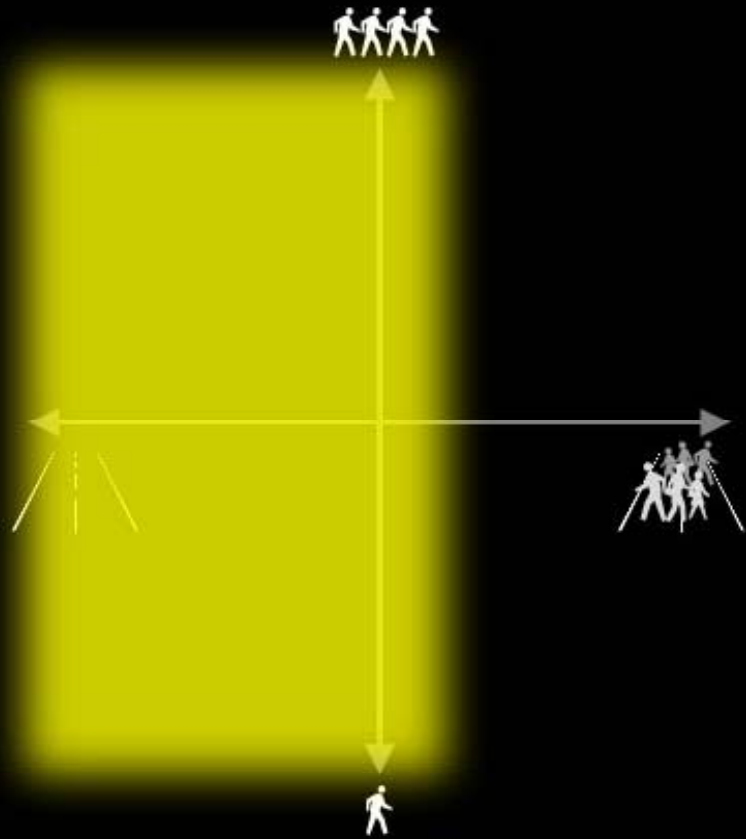
Urban



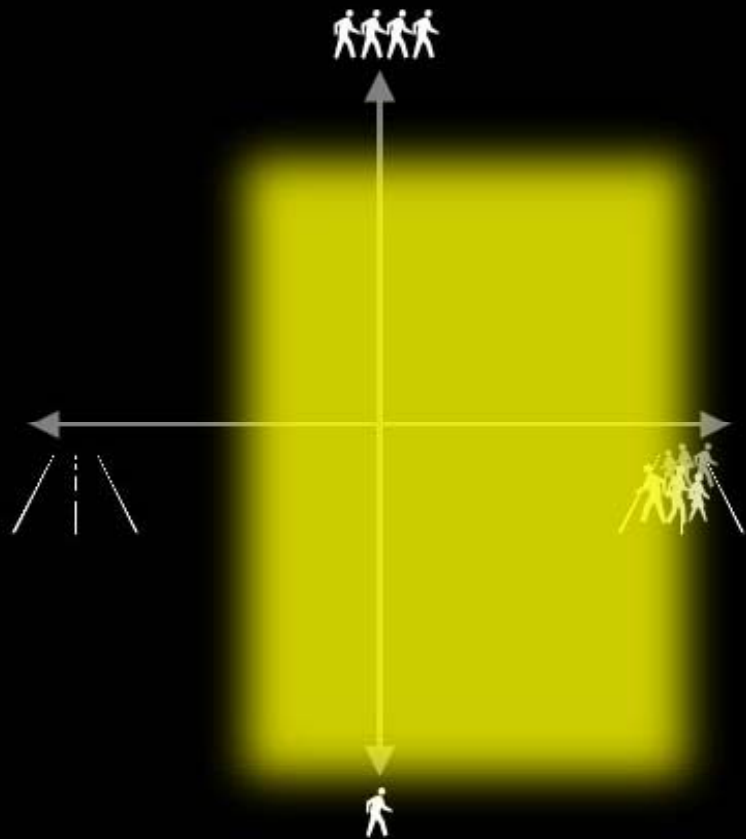
A walk in the city



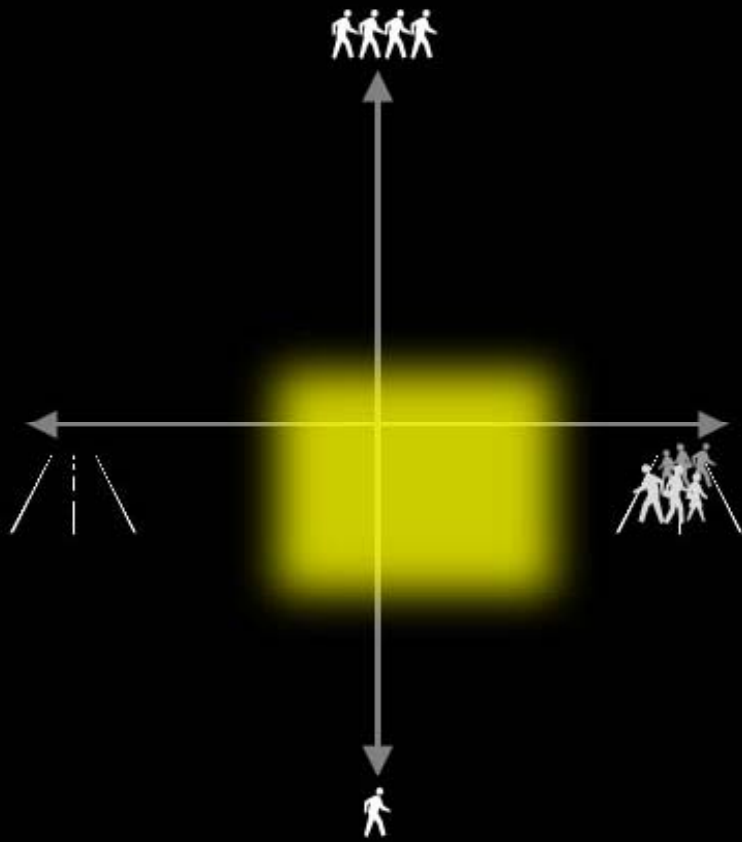
Walking for fitness



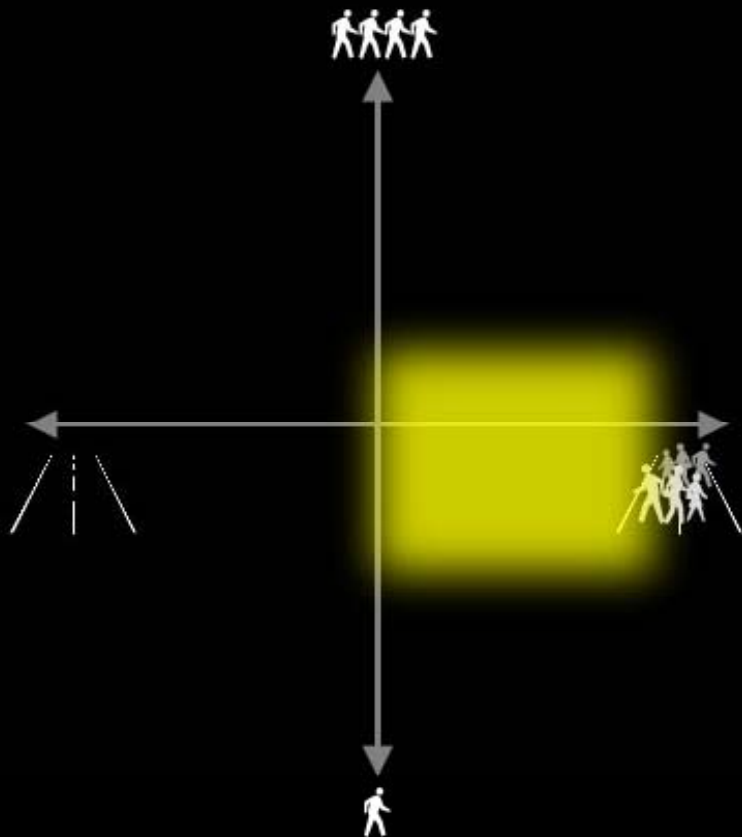
Window shopping



Promenade



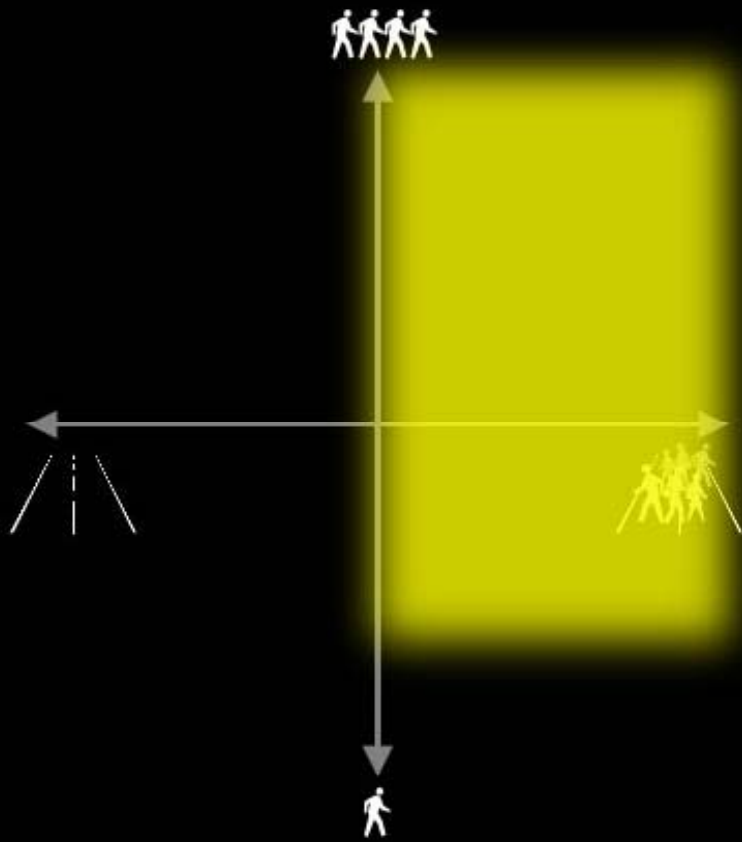
Passeggiata



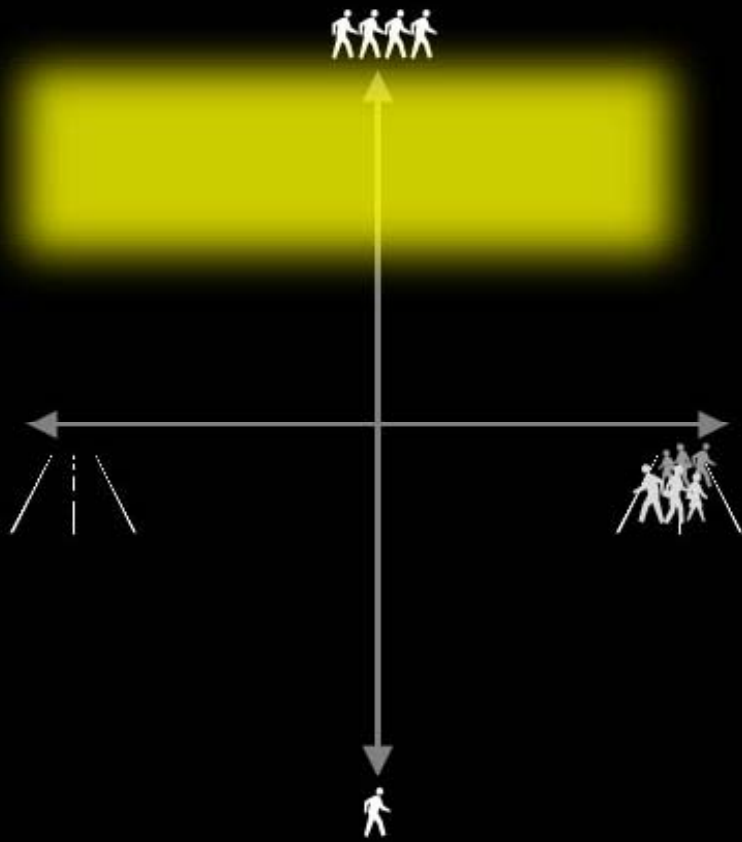
"Chatting, watching other people, and being watched, are the reasons for the social stroll."

- David Sucher

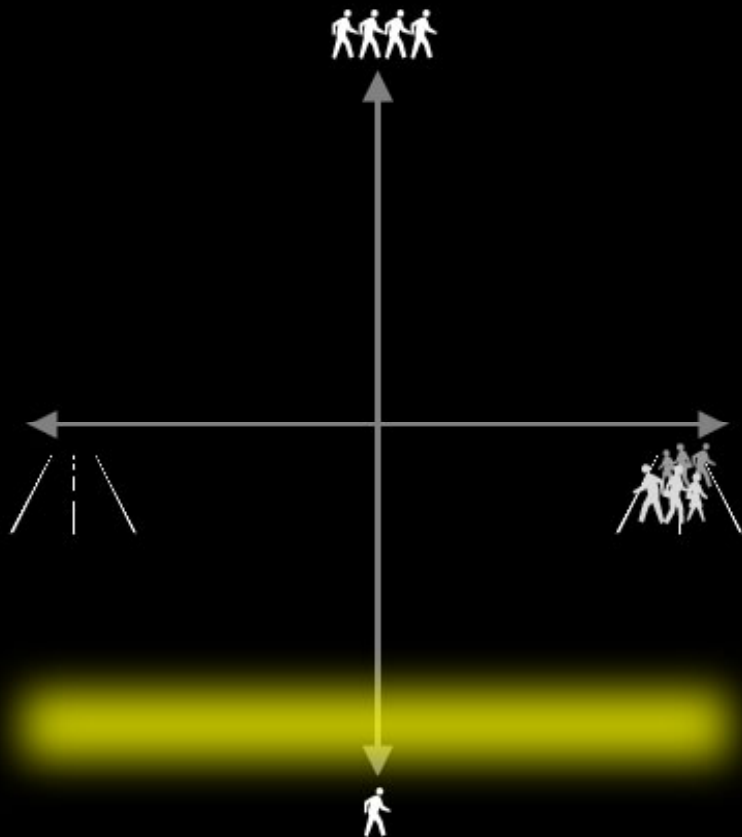
Tapeo



Guided walks



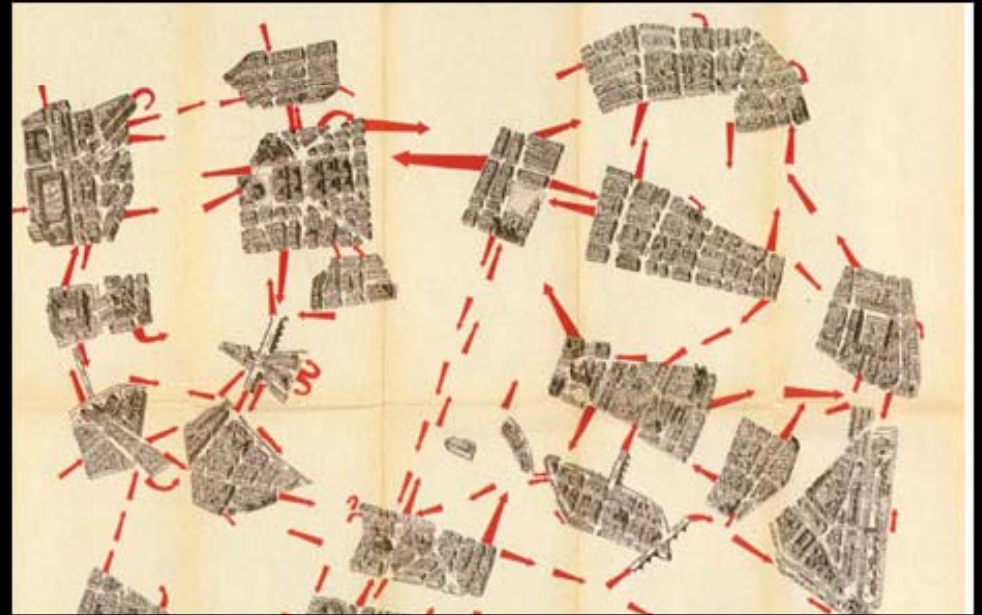
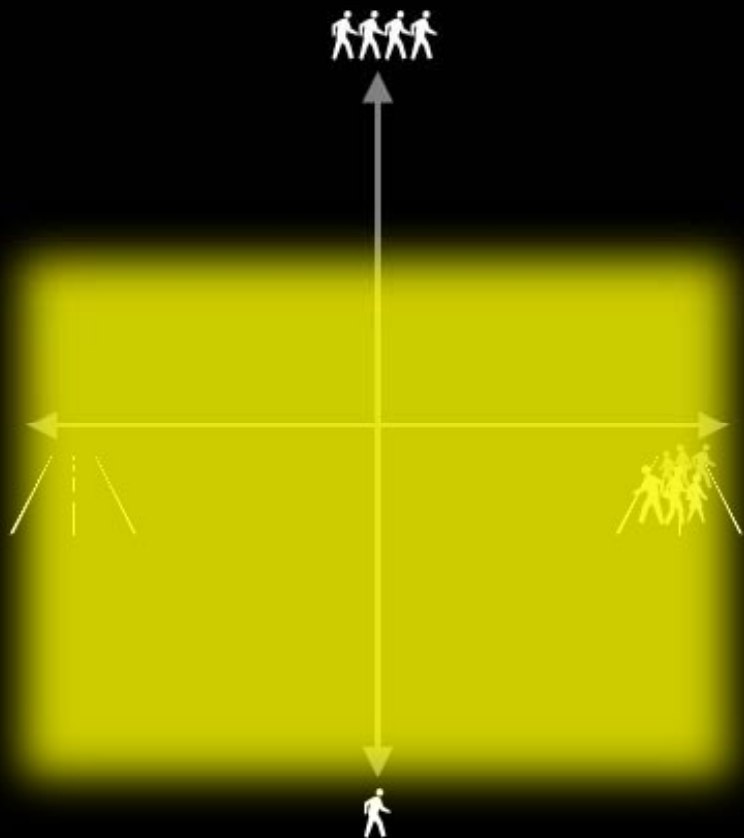
Flânerie



"For the perfect flâneur,
for the passionate spectator,
it is an immense joy to set up house
in the middle of the multitude,
amid the ebb and flow of movement,
in the midst of the fugitive and the infinite."

- Charles Baudelaire

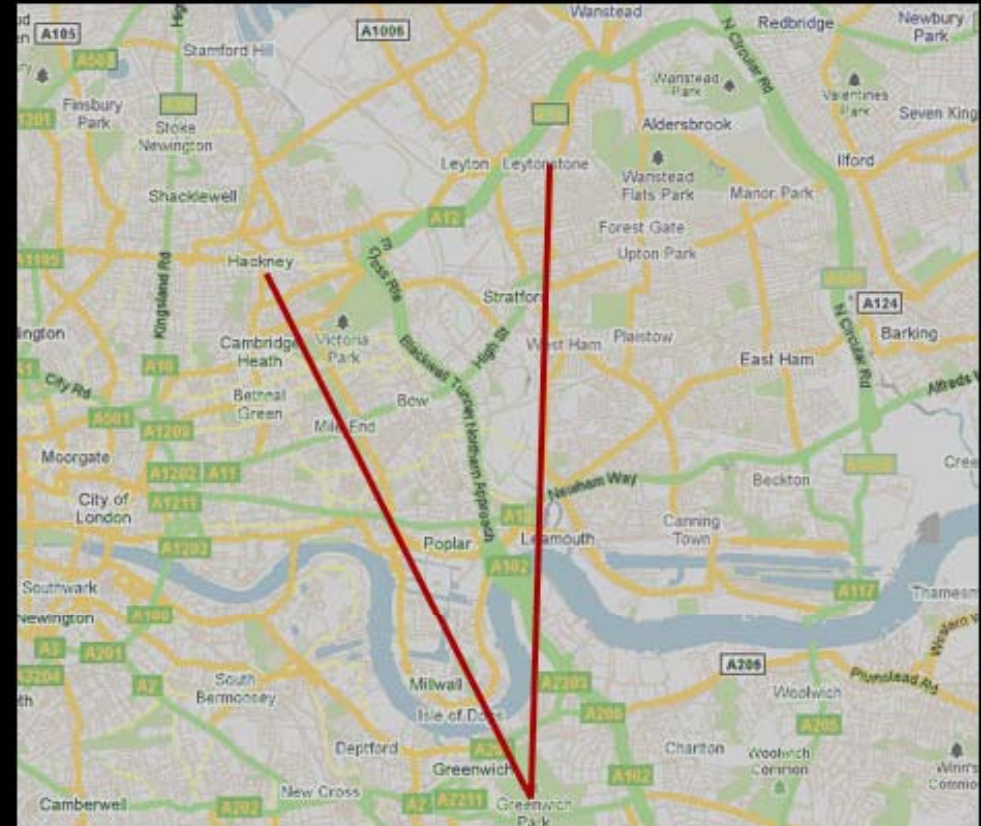
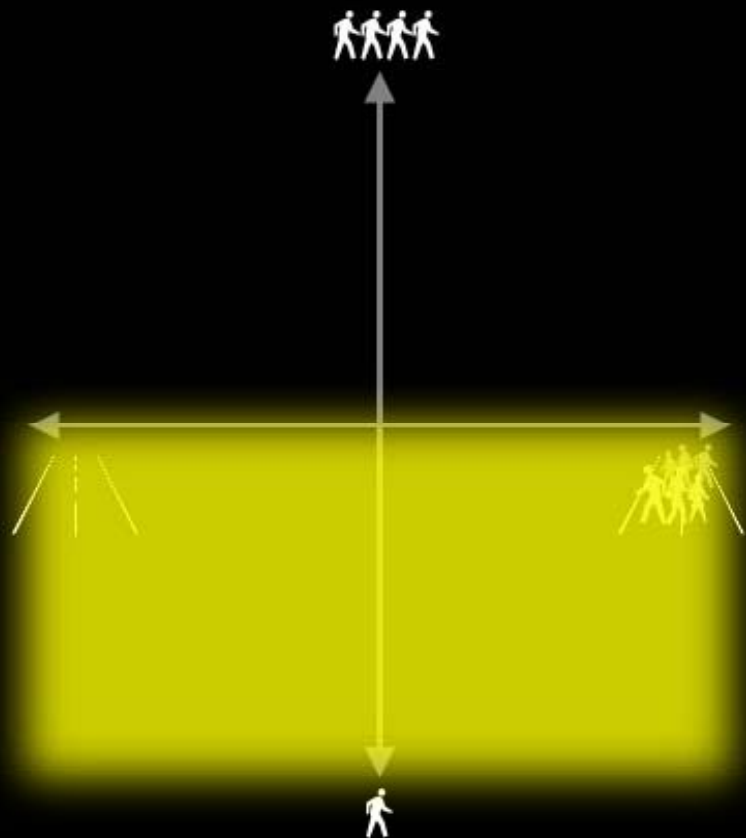
The Dérive



"In a dérive one or more persons during a certain period drop [their] usual motives for movement and action, and let themselves be drawn by the attractions of the terrain and the encounters they find there."

- Guy Debord

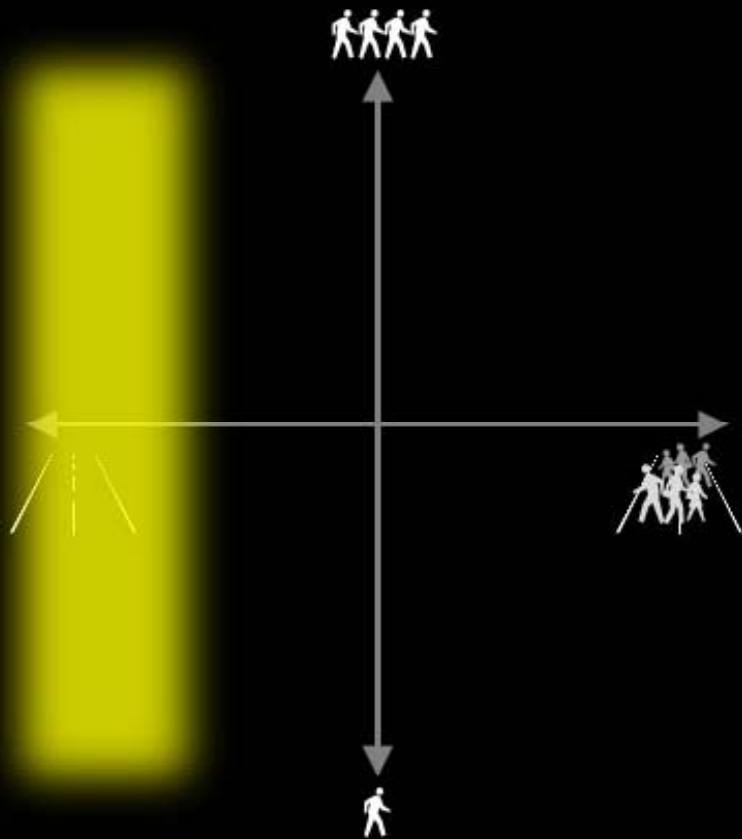
Psychogeographical transect



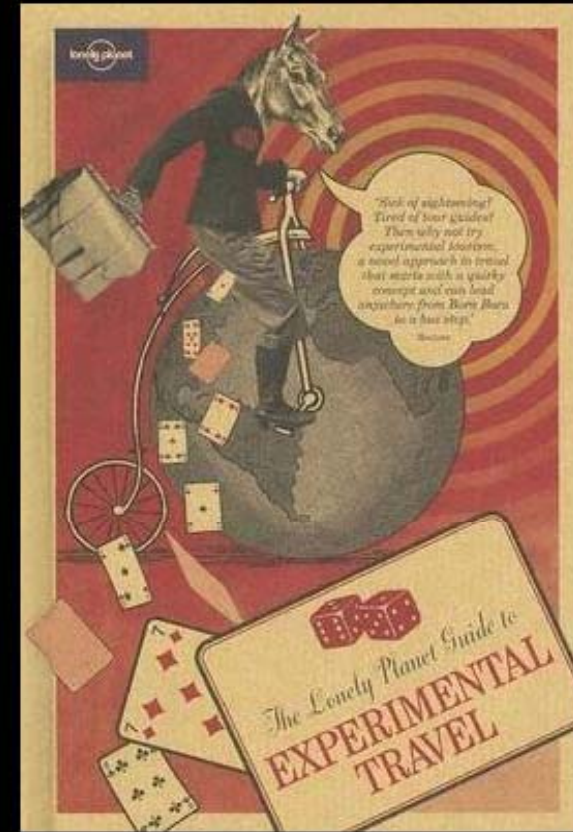
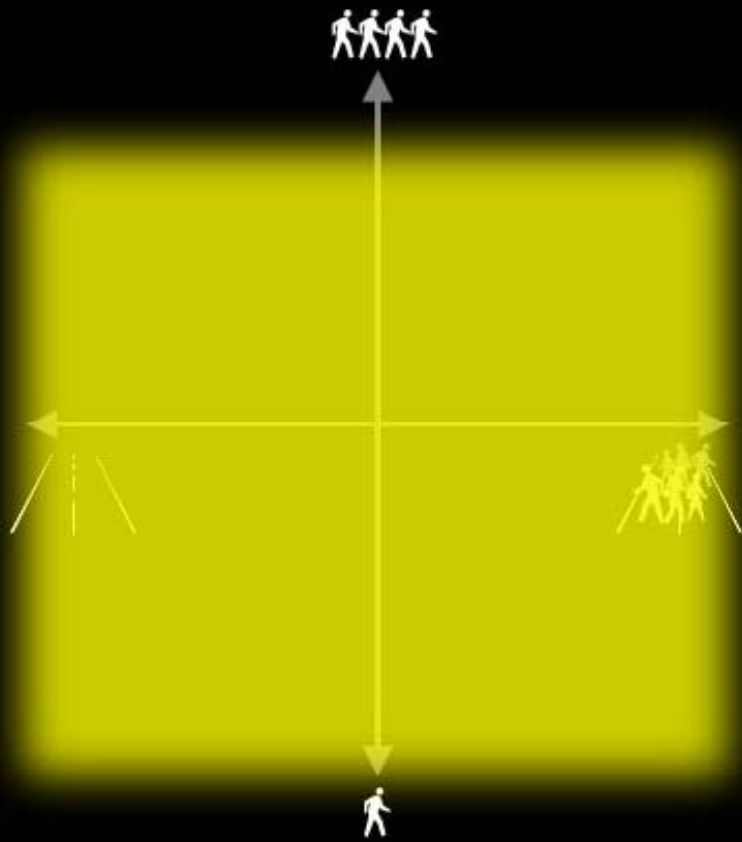
"The notion was to cut a crude **V** into the sprawl of the city, to vandalise dormant energies by an act of ambulant signmaking."

- Iain Sinclair

Urban Exploration

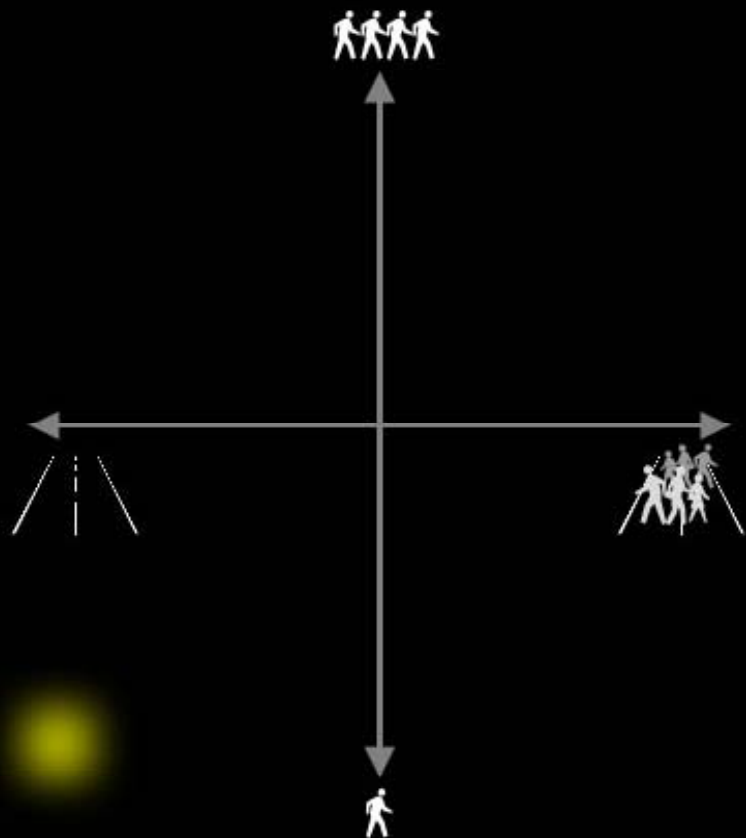


Experimental travel (Latourex)



Aerotourism · Alphatourism
Cecitourism · Monopolytourism
Nyctalotourism · Thalassotourism

Meditation



"Tonight I think I'll walk alone
I'll find my soul as I go home"

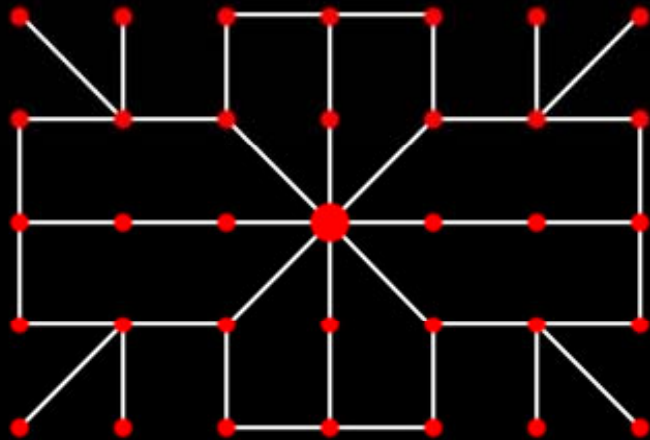
- New Order

From walkable to walkworthy



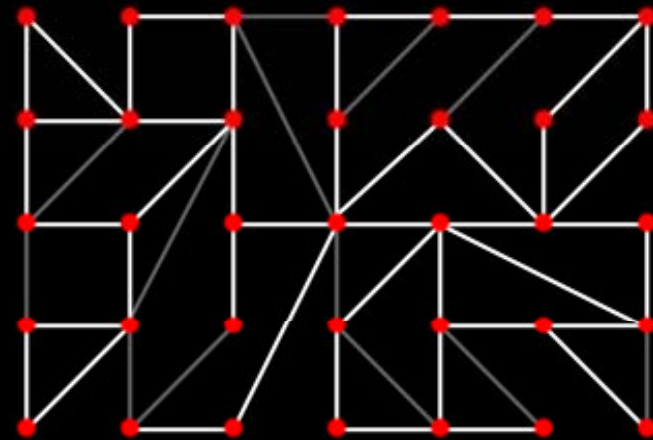
Walkability and explorability

Walkable network



- Focus on a destination
- Emphasise directness
- Legibility is vital
- Redundancy is helpful

Explorable network



- All nodes matter
- Emphasise choice of paths
- Not all paths need be obvious
- Redundancy is vital

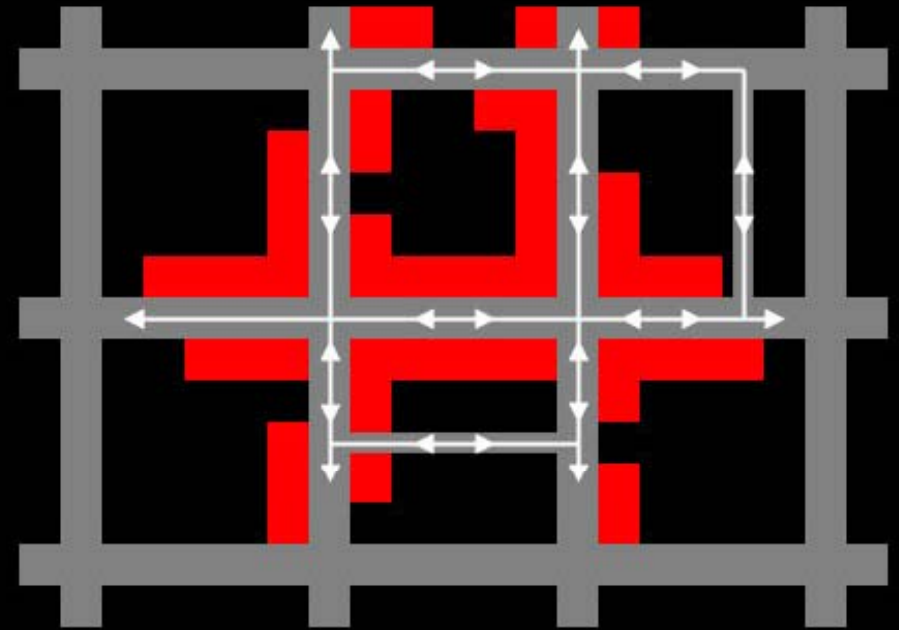
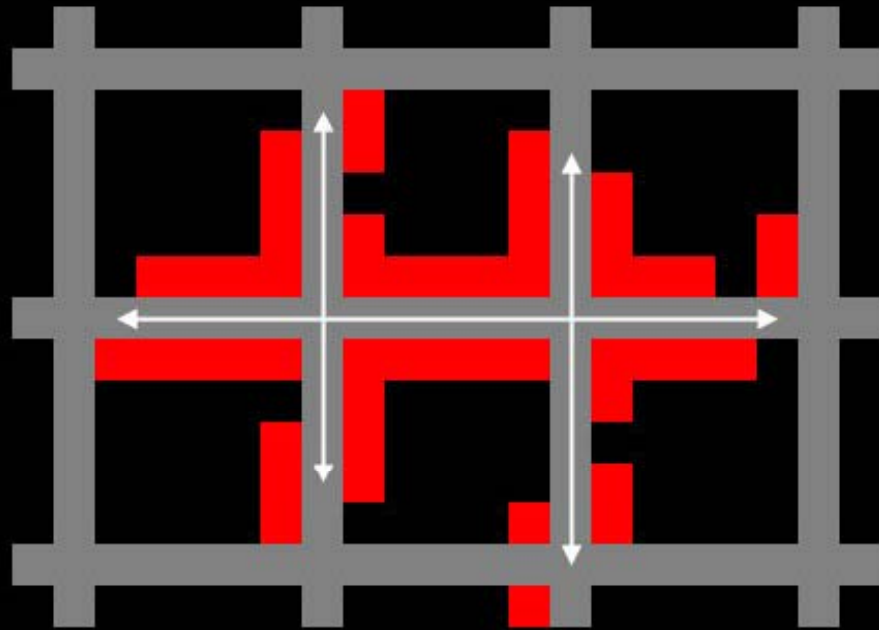
Experienced distance



”Crucial to determining the acceptable distance ... is not only the actual **physical distance**, but also to a great extent the **experienced distance**.”

- Jan Gehl

Walkworthy urban centres



Emphasise the social dimension
Encourage loops of activity
Introduce shortcuts

The effects of density

Explorability



Encounters



Diversity



Congestion



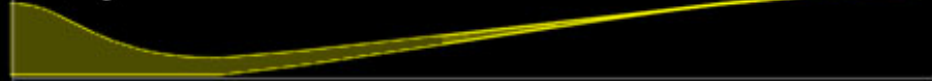
Visual complexity



Fear of crime



Change



Noise



The effects of density



Where did the world go?

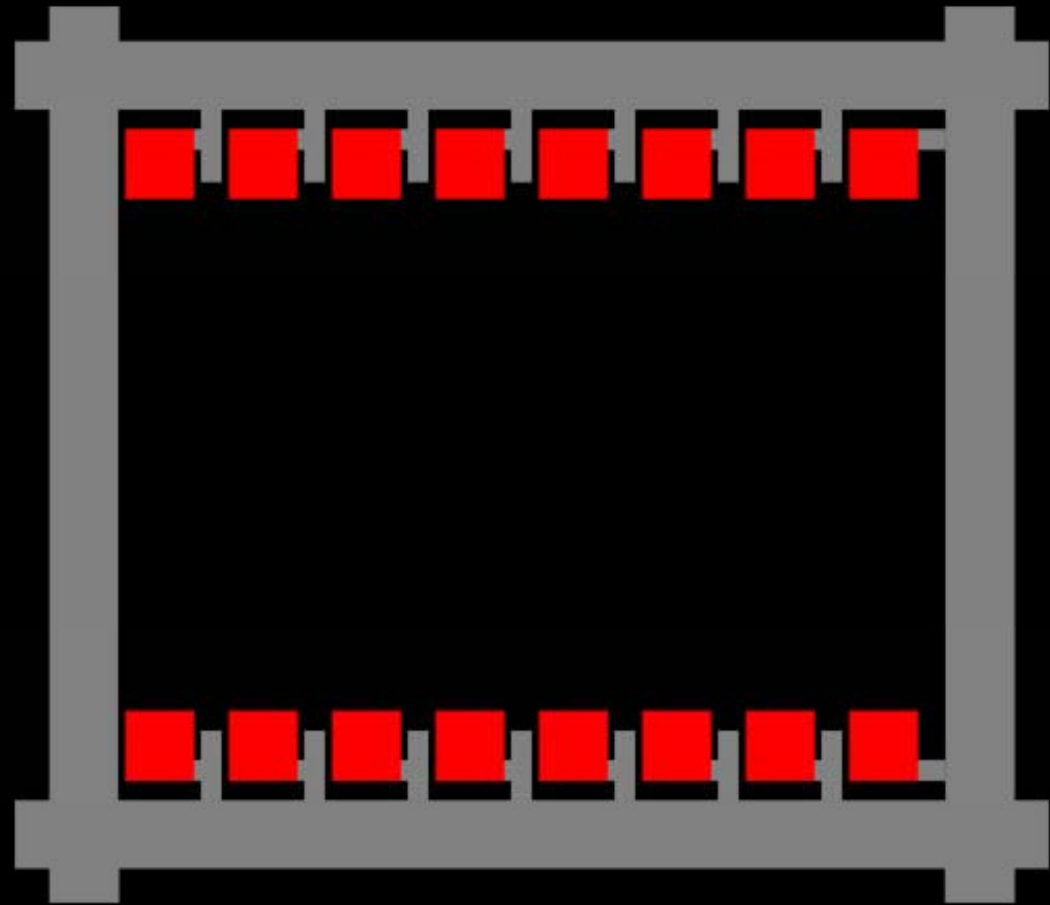


Densification

Traditional suburbia

Low density

Large blocks



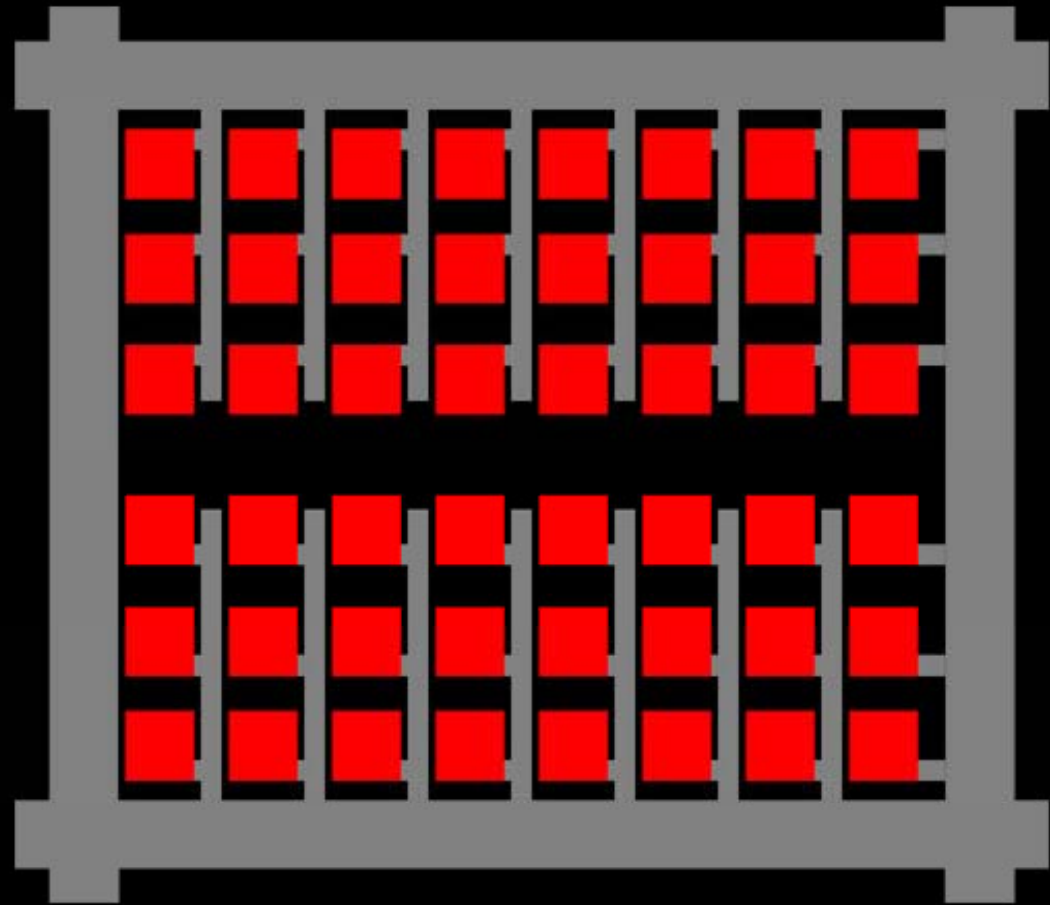
Densification

Incremental infill

3x density

Large blocks

Private driveways



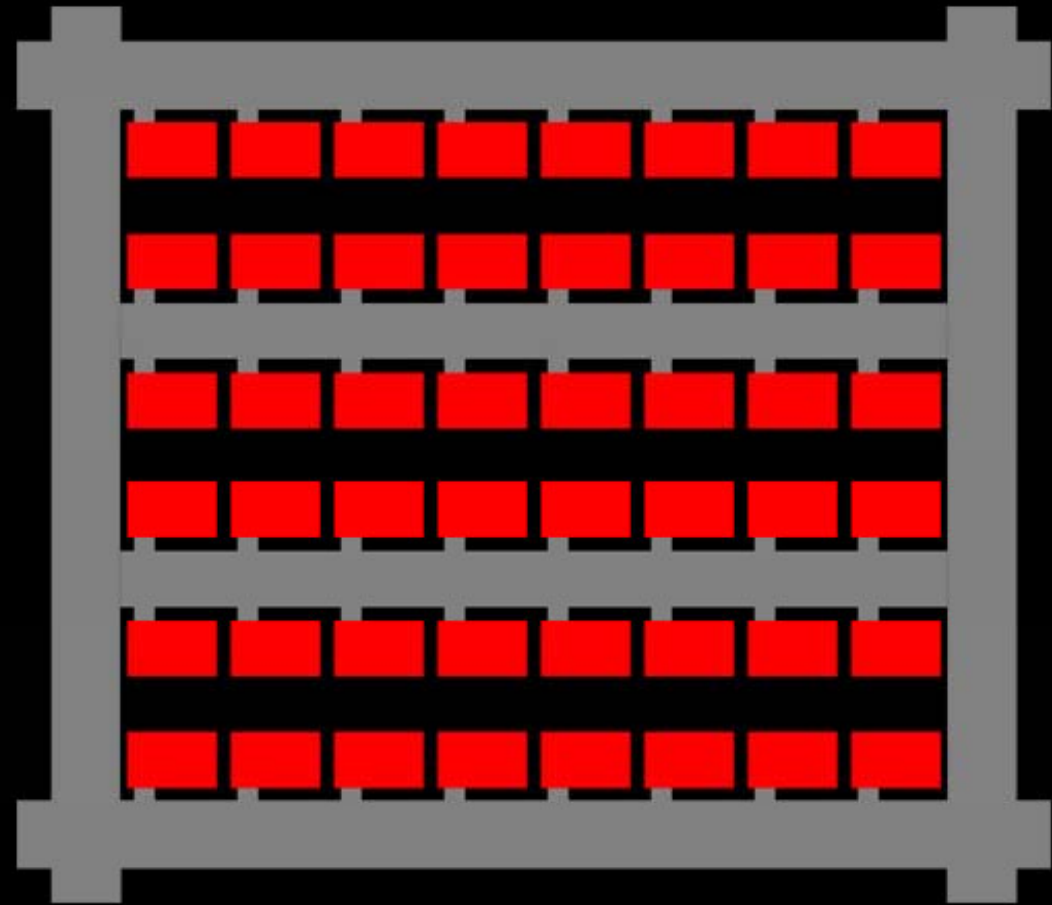
Densification

Comprehensive change

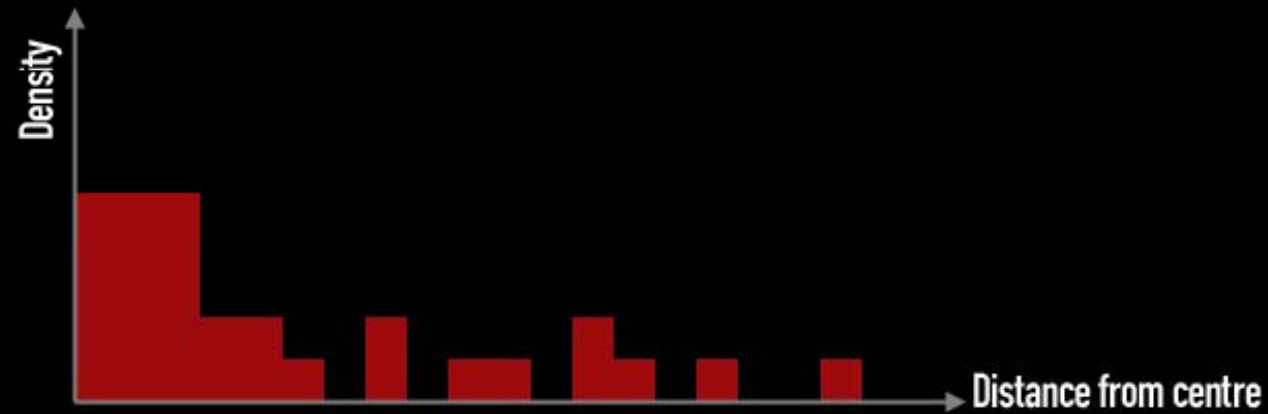
3x density

1/3 block size

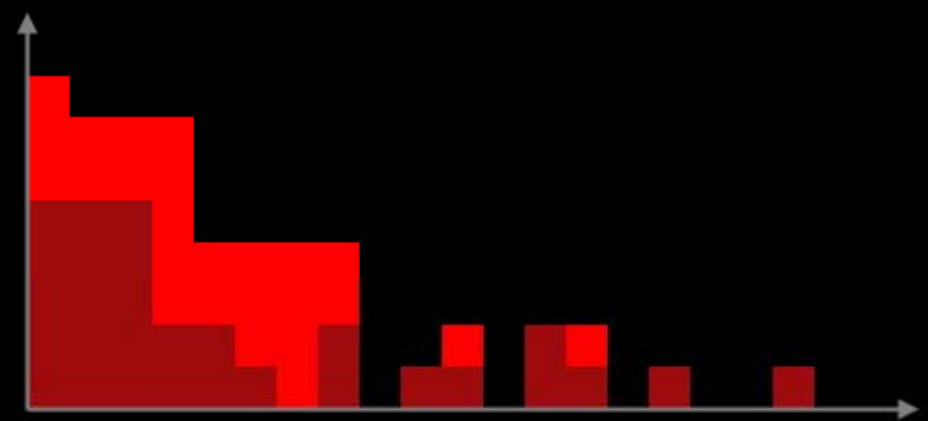
Quasi-public lanes



Density transects



Ad-hoc infill



Urbanity

Variety

Variety

Non-residential
activities



Variety

Changeable
environments



Variety

Respect
topography



Variety

ART



Variety

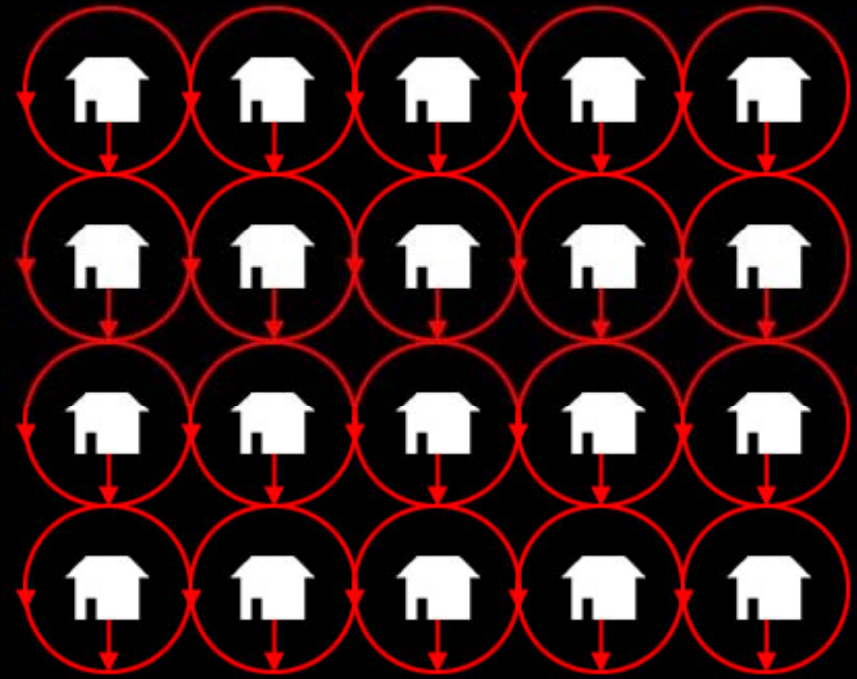
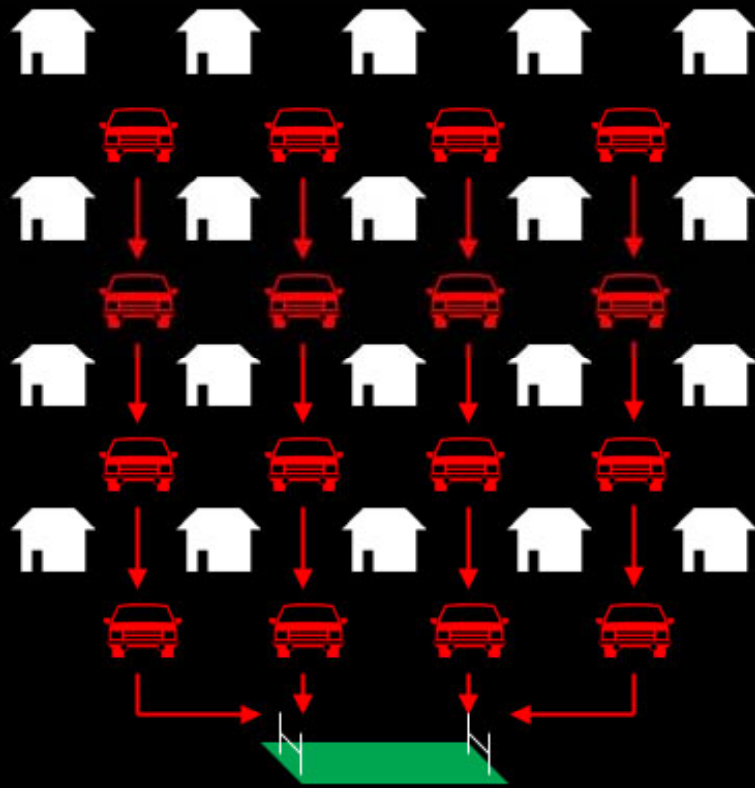
...or the
ART
of living



Retail & foot traffic



Walking vs organised sports



Dollars and sense



The background of the cover is a silhouette of an urban skyline against a sunset sky. The sun is low on the horizon, creating a warm, golden glow. The silhouettes of various buildings and structures are visible, including a prominent crane on the right side. The overall mood is serene and contemplative.

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