

Celebrate Walk2Work Day in the Wairarapa Press Release

Living Streets Aotearoa celebrates Walk2Work Day nationally on Wednesday March 13th. “Walking all, or some, of your working day trips keeps you healthy and connected to your community. Destinations in Masterton, Carterton, Martinborough, Featherston and Greytown can easily be walked to although some roads are hard to cross.” says Celia Wade-Brown, Living Streets National Secretary and Wairarapa resident. “Park your car further away and walk, get off the bus a stop early or walk to meetings during the day, walk to the shop, café, library or school. You’ll be making a contribution to reducing climate change emissions too.”

On March 13th, local Councillors will be taking steps in a good cause. Breaking up time sitting in meetings or at your computer with walking is good for physical and mental health and enables people to feel part of the local community.

Cr Jill Greathead will be walking to her Carterton District Council meeting from home. She says “Walking is a cheap and simple way to get fit and improve our health and wellbeing in Carterton. Well maintained footpaths are necessary for safe walking so it is good to see that the New Zealand Transport Authority are now subsidising footpaths, like they do for our local roading”.

Carterton District Councillors will also enjoy a stroll around Carrington Park to refresh their minds between meetings.

Cr Chris Peterson will walk from a workshop at Masterton District Council to a working bee at Trade Aid. He says “Often walking is the most convenient way of getting from A to B in Masterton. Our Council has a good plan to make the city more walkable, especially along Perry Street to the station.”

Be in to win a special Living Streets Walk2Work T-shirt by posting a photo of you walking by 14th March. Use the hashtag #Walk2WorkDay.

Celia Wade-Brown, Living Streets’ National Secretary says people interested in improving the walking environment in the five towns of the Wairarapa is welcome to contact her on celia.wade-brown@livingstreets.org.nz with a view to forming a local advocacy group. Issues could be crossing SH2, access to railway stations, speed in residential streets or starting more walking school buses. Individuals are welcome to join at www.livingstreets.org.nz.

Ms Wade-Brown adds “When you choose to walk spare a thought, and a dollar, for all those students who have no shoes, bag or raincoat to enable them to walk to school. KidsCan supports our neediest children who, through no fault of their own, lack these basic necessities.”

Contacts

Celia Wade-Brown 021 247 8360

Photo op in Carterton between 9 and 10: contact Cr Jill Greathead on 027 488 4376

Photo op in Masterton between 10 and 11: contact Cr Chris Peterson on 021 243 3414

www.KidsCan.org.nz

Ngā mihinui mahana | Warm greetings

Celia Wade-Brown

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National Secretary, Living Streets Aotearoa

Helping more people to walk more often!